By Linda Bourassa  Special to Germantown News

Dr. Dale Foster with NeuroSource, a functional neuropsychology clinic located in Cordova, works with patients dealing with a variety of mental health issues (PTSD, ADHD, brain injury, Autism, addiction, anxiety, depression and memory loss). One of the main areas in recent years has been veterans returning from service in the Middle East.

Founded in 2004, by Dr. Foster and his wife, Lee Ann, NeuroSource focuses on the whole person, not just a symptom or a set of symptoms, and not just a brain. Foster says, “Our goal is to help each client establish, clarify and reach their goals by solving the underlying causes of the problems rather than papering over symptoms. We address each person’s experience with cutting edge neurotherapy, functional neuroimaging, re-energizes, and lifestyle coaching. Instead of putting people on drugs, which can cause another issue, while masking the real problems, we help many people get off drugs.”

PTSD Sample Case History: Many of us have friends or family members who suffer from combat stress to face additional battles with illnesses.

Rebekah Yearout  Germantown News

Joel Turetzky has been member of B'nai Brith Lodge #35 for a long time, and collected many stuffed bears for kids—and adults—in need of fuzzy companionship and a smile. Turetzky said collecting teddy bears for victims of disasters, such as hurricanes, first responders or kids with illnesses or developmental disabilities, is all part of the B’nai Brith. B’nai Brith is an international organization (http://www.bnaibrith.org/) with members throughout approximately 48 countries who work to help communities in humanitarian ways.

In 2004, Turetzky said he was reading how children at the Child Advocacy Center (CAC) was running low on bears for its annual bear walk event. The CAC provides support and services for affected and neglect- ed children. “I wasn’t the first person in B’nai Brith to ever do this, there was a lodge in Atlanta and in their newsletter I read an article about it. I said ‘I think this would be something we ought to consider doing,’” Turetzky said.

“We went down to the CAC, and our goal was to collect enough money to go out and buy 300 teddy bears. We ended up with money for about 200.”

And the money was used all collected the old-fashioned way. Making phone calls or stopping at a store to ask for donations, as this was long before online donations became an everyday convenience. Volunteers was one donor, Turetzky said, giving about 80 bears to the cause from a single location.

“We picked up the phone and called some of our board members and we set up teams for Food Truck & Music Festival. The ribbon cutting ceremony and inaugural first cast takes place on Saturday, Oct. 7, from 10 a.m. to 1 p.m. The YEP is located at the Germantown Greenway Trailhead off Wolf River Blvd near the Texas Gas Transmission Station. In interested in attending, visit www.germantown-tn.gov to register on EventBrite.
National Federation of Republican Women recognizes local club for achievement
Award bestowed during Biennial Convention

PHILADELPHIA – Republican women of Pennsylvania, Shelby County, Tennessee, won the national Diamond Award for Achievement during the National Federation of Republican Women (NFRW) 97th Biennial Convention held Sept. 14-17 in Philadelphia. More than 175 clubs across the country submitted applications for the awards.

Of the awards, Dr. Dale Foster with NeuroSource and his wife, Lee Ann, work to help people with post-traumatic stress disorder (PTSD), anxiety, autism, addiction and other problems using neurofeedback. NeuroSource works with the local VA hospital to provide services to veterans with PTSD at no charge.

NFRW members of the Mid-South Chapter of the International Society for Neurofeedback & Research, founded by Dr. Foster, who states that neurofeedback is a non-invasive, research-based method to eliminate symptoms of neurocognitive disorders.