### The Coronavirus Pandemic: Federal Updates, Lessons Learned and How Do We Move Forward?

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## Agenda

Administration and CDC COVID-19 National Preparedness Plan Overview COVID-19 Federal Updates: CDC, HUD, EPA Lessons Learned

- When & how do you reopen your building safely & be prepared to reinstate mitigation procedures if needed?
- What practices/programming that was initiated because of the pandemic will your building continue to offer and why?
- Are there any practices that you instituted in the building as a response to the pandemic that can be helpful in other emergencies?



#### National COVID-19 Preparedness Plan Protect and Treat, Prepare for New Variants, Prevent Shutdowns, and more...

Protect and Treat, Prepare for New Variants, Prevent Shutdowns, and more... Wednesday, March 23, 2022 @ 1 pm ET







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## The Administration's Priorities

#### Protect Against and Treat COVID-19

The Administration is working with Congress to secure the necessary funding to:

Ensure there are enough treatments for Americans who need them.

Launch a nationwide Test to Treat Initiative so Americans can rapidly access treatment, including by visiting a "one-stop" location to get a free test and free treatment pills.

Update the framework for recommendations on preventive measures like masking to reflect the current state of the disease.

Launch a one-stop-shop website that allows Americans to easily find public health guidance based on the COVID-19 risk in their local area and access tools to protect themselves

Sustain and increase American manufacturing of COVID-19 tests, so we can continue to have a robust supply of tests.

Protect Against and Treat COVID-19

The Administration is working with Congress to secure the necessary funding to:

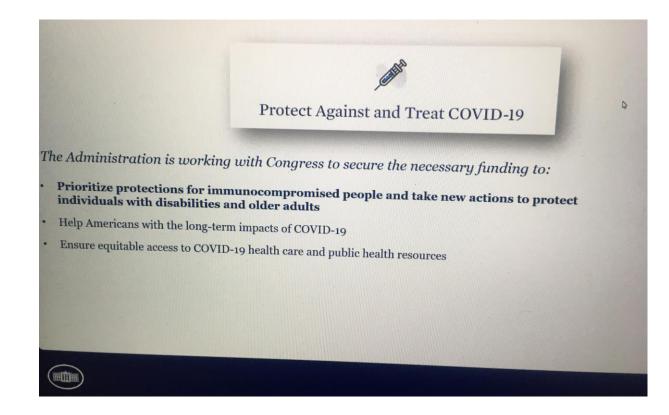
- Launch an effort to vaccinate America's youngest children as soon as the U.S. Food and Drug Administration (FDA) authorizes and the CDC recommends a vaccine for that age group
- Ensure that Americans of all ages can get the protection of an effective vaccine
- Increase American manufacturing capacity to reliably produce an additional 1 billion vaccine doses per year three times the U.S. population – and accelerate research and development of a single COVID vaccine that protects against SARS-CoV-2 and all its variants, as well as previous SARS origin viruses.
- Continue vaccination outreach and education efforts and combat misinformation and disinformation



## Protect Against and Treat COVID-19

### One-Stop Test to Treat

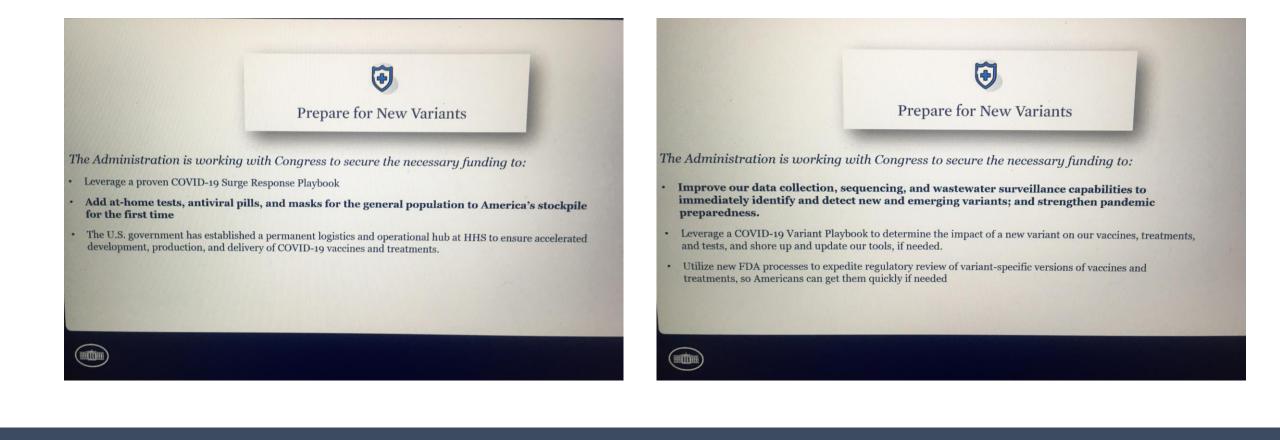
The Administration will put forth new educational efforts for the public and providers so that Americans can rapidly access treatments. The Administration will establish "One-Stop Test to Treat" locations at pharmacy-based clinics, community health centers, Long-Term Care Facilities, and the U.S. Department of Veterans Affairs (VA) facilities across the country. "One-stop" sites will be operational by March.



## Upcoming priorities

Prioritize protections for immunocompromised people and take new actions to protect individuals with disabilities and older adults

The Administration will continue to provide strong support for the immunocompromised, including providing prioritized access to treatments and preventive interventions – pending additional funding from Congress – as well as ensuring access to boosters. The Administration will also increase equitable access to testing and COVID-19 mitigation resources for people with disabilities and older adults and engage industry to accelerate research and development of accessible self-tests. Securing sufficient preventive treatments for people who are immunocompromised will require additional funding from Congress.



# Prepare for New Variants

# **CDC** Priorities

# Why refocus efforts for monitoring COVID-19 in communities?

- Shift from eliminating SARS-CoV-2 transmission towards more relevant metrics given current levels of population immunity and tools available
- Current high levels of population immunity reduce risk of severe outcomes
  - High rates of vaccination in population as a whole
  - Availability of boosters, and booster coverage among populations at high risk
  - In unvaccinated, high rates of infectioninduced protection
- Breadth of tools available for public health and clinical care
  - Broad access to vaccines, therapeutics, testing

- Community measures should focus on minimizing the impact of severe COVID-19 illness on health and society
  - Preventing medically significant illness
  - Minimizing burden on the healthcare system
  - Protecting the most vulnerable through vaccines, therapeutics, and COVID-19 prevention

## Original Indicator of Community Transmission

#### **CDC's Indicators of Community Transmission**

Indicator	Low Transmission	Moderate Transmission	Substantial Transmission	High Transmissior
Total new cases per 100,000 persons in the past 7 days	0-9	10-49	50-99	≥100
Percentage of Nucleic Acid Amplification Test results that are positive during the past 7 days	<5.0%	5.0%-7.9%	8.0%-9.9%	≥10.0%

#### First released in September 2020

- Relied on two metrics to define community transmission: Total new cases per 100,000 persons in the past 7 days, and percentage of Nucleic Acid Amplification Test results that are positive during the past 7 days
- Used by CDC to inform setting-specific guidance and layered prevention strategies (e.g., screening testing in schools, masking, etc.)
- Public health practitioners, schools, businesses, and community organizations also rely on these metrics to inform decisions about prevention measures



Daily

400

200k

Jan 23. '20

May 27, '20

Sep 29. '20



Feb 1, '21

Jun 6, '21

Oct 9, '21

Feb 8, '22

Updated Community Level and Indicators

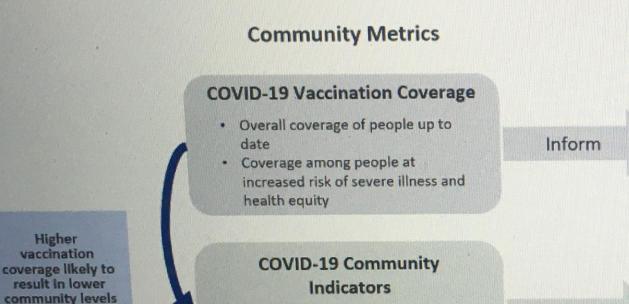
## (Living with the virus)

#### **CDC's COVID-19 Community Levels and Indicators**

New Cases (per 100,000 population in the last 7 days)	Indicators	Low	Medium	High
Forwarthan 200	New COVID-19 admissions per 100,000 population (7-day total)	<10.0	10.0-19.9	≥20.0
Fewer than 200 Percent of staffed inpatient beds occup COVID-19 patients (7-day average)	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	<10.0%	10.0-14.9%	≥15.0%
200 or more	New COVID-19 admissions per 100,000 population (7-day total)	NA	<10.0	≥10.0
	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	NA	<10.0%	≥10.0%

The COVID-19 community level is determined by the higher of the inpatient beds and new admissions indicators, based on the current level of new cases per 100,000 population in the past 7 days

### **Framework for Monitoring and Prevention**



Healthcare strain

Local metrics and information provide context to interpret

community level

- Hospital admissions of severely ill patients
- New cases (leading indicator)

#### **Local Metrics and Information**

- Wastewater surveillance
- Circulating novel variants of concern
- Local high-risk congregate settings
- Upcoming large events
- Health equity

#### **Community Actions**

## Vaccine Activities Outreach Campaigns Distribution

- Distribution
- Equity

#### **Prevention Measures**

Local Decisions

- Masking
- Testing

Inform

Inform

- Other individual prevention behaviors
- Other community-level prevention strategies

Local vaccine activities and recommended prevention measures for different community levels inform local decisions

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### Individual prevention behaviors and community-level public health strategies

COVID-19 community level	Individual- and household-level preventive behaviors	Community-level preventive strategies
Low	<ul> <li>Stay up to date with COVID-19 vaccines and boosters</li> <li>Maintain ventilation</li> <li>Mask based on individual preference, informed by individual risk</li> <li>Follow recommendations for isolation and quarantine</li> <li>Seek testing when exposed or symptomatic; isolate promptly if symptomatic or infected</li> <li>People who are immunocompromised or at high risk for severe disease:         <ul> <li>Have a plan for rapid testing</li> <li>Know if a candidate for antivirals/monoclonals</li> </ul> </li> </ul>	<ul> <li>Plan for distribution and administration of vaccines to achieve high community coverage</li> <li>Maintain improved ventilation for public indoor spaces</li> <li>For people who are immunocompromised or at increased risk for severe disease: <ul> <li>Increase access to testing</li> </ul> </li> </ul>

### Individual prevention behaviors and community-level public health strategies (cont.)

COVID-19 community level	Individual- and household-level preventive behaviors	Community-level preventive strategies
Medium	<ul> <li>People who are immunocompromised or at high risk:         <ul> <li>May choose to mask indoors in public</li> </ul> </li> <li>People with household/social contact with individuals who are immunocompromised or at increased risk may consider self-testing to detect infection before contact and may choose to mask when indoors with them</li> </ul>	<ul> <li>Protect persons most at risk for severe illness or death by identifying populations at high risk and expanding access to vaccination, testing, treatments, support services, and messaging</li> <li>Consider implementing screening testing in workplaces, schools, or other community settings as appropriate</li> <li>Enhanced prevention measures in high-risk congregate settings</li> </ul>
High	<ul> <li>Wear a mask indoors in public, regardless of vaccination status (including in K-12 schools)</li> <li>People who are immunocompromised or at high risk may consider using masks or respirators that provide greater protection to the wearer</li> <li>People who are immunocompromised or at high risk may choose to avoid indoor public settings where they may be exposed for non-essential activities</li> </ul>	<ul> <li>Implement universal indoor masking in settings that serve populations at high risk for severe disease (e.g., older adults)</li> <li>Implement healthcare surge support as needed</li> </ul>

### Updated Community Level and Indicators

Federal Website Resources White House National COVID-19 Preparedness Plan

https://www.whitehouse.gov/covidplan/

HUD Multifamily Housing COVID-19 Guidance

https://www.hud.gov/program\_offices/housing/mfh/Multifamily\_H ousing\_COVID-19\_Guidance

EPA Clear Air in Buildings Challenge

https://www.epa.gov/indoor-air-quality-iaq/clean-air-buildingschallenge

Health Resources & Services Administration

https://bphc.hrsa.gov/emergency-response/covid-19-therapeutics

CDC Website Resources COVID-19 Community Levels

https://www.cdc.gov/coronavirus/2019-ncov/your-health/covidby-county.html

Considerations for Owners and Operators of Multifamily Housing Including Populations at Increased Risk for Complications from COVID-19

https://www.cdc.gov/coronavirus/2019ncov/community/multifamily-housing.html

COVID-19 Information for Specific Groups of People

https://www.cdc.gov/coronavirus/2019-ncov/need-extraprecautions/index.html

Find Free Masks N95

https://www.cdc.gov/coronavirus/2019-ncov/your-health/freemasks.html

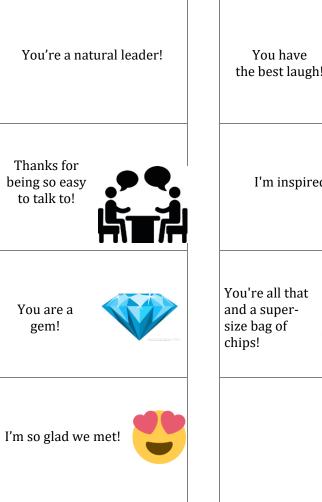
### Lessons Learned

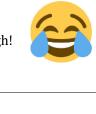
When & how do you reopen your building safely & be prepared to reinstate mitigation procedures if needed? What practices/programming that was initiated because of the pandemic will your building continue to offer and why?

## COVID-19 Programming Opportunities



## Warm & Fuzzies or Personal Notes





I'm inspired by you!



### You've Been "Flocked" Door Decorating

Flock people's doors (surprise decorating someone else's door with flamingo accessories). We had 17 people sign up. They got a Flamingo cup from Dollar Tree for participating. At the end of the week, we had 3 winners with a prize drawing.

#### **Program Details:**

Chose a door to decorate with flamingo magnets, and a baggy with "You've been flocked" and gives the instructions of what to do – decorate someone else's door.

**Materials:** Flamingo magnets, leis, pink ribbon curls, anything to go along with the theme

Activities that can be virtual or small groups that are socially distanced or outside

- •Virtual exercise classes or small group class
- •Virtual craft class or small group class
- •Bingo (outside, small groups, conference call, zoom)
- •Scavenger hunt using magazines or items in your apartment
- •Door dancing
- •Door decorating contest
- •Virtual classes
- •Virtual discussion group
- •Concerts



# Resources

Engaged The National Resource Center for Engaging Older Adults

https://www.engagingolderadults.org/ Searchable HUB for programming https://www.engagingolderadults.org/hub Senior Planet https://seniorplanet.org/

# Share your ideas...

Can any of these programs be continued to reach out to the socially isolated residents?

Are there any practices that you instituted in the building as a response to the pandemic that can be helpful in other emergencies?