



**B' N A I B' R I T H I N T E R N A T I O N A L**

CENTER FOR SENIOR SERVICES

## **Mental Health Resources**

Session: Fair Housing & Mental Health (Overview from Tuesday's session) & Discussion

Presenter: Janel Doughten, Associate Director, B'nai B'rith Center for Senior Services

Administration on Community Living

<https://acl.gov/>

Holocaust Survivor Initiative & Center on Aging and Trauma

<https://holocaustsurvivorcare.org/>

National Coalition on Mental Health and Aging

<http://www.ncmha.org/>

Mental Health America Toolkit

<https://mhanational.org/mental-health-month-2021-toolkit-download>

Substance Abuse and Mental Health Services Administration

<https://www.samhsa.gov/>

University of Michigan National Poll on Healthy Aging

<https://www.healthyagingpoll.org/report/mental-health-among-older-adults-and-during-covid-19-pandemic>

Jewish Family & Children's Service and Jewish Community Housing for the Elderly

Tips and Techniques for Supporting Residents with Mental Illness: A Guide for Staff in Housing with Older Adults

<https://www.jfcsboston.org/Our-Services/Older-Adults/Aging-and-Mental-Health-Training/Mental-Health-Guide>